



# LONG COURSE EVENT SCHEDULE

Session start times are subject to change

Session 1 • Timed Finals			Session 2 • Timed Finals			Session 3 • Timed Finals			Session 4 • Timed Finals		
Warm-up from 8:30am Racing from 9:15am			Warm-up from 2:30pm Racing from 3:15pm			Warm-up from 8:30am Racing from 9:15am			Warm-up from 1:30pm Racing from 2:15pm		
1	1500m Freestyle (11 & over)	MIXED	10	400m Individual Medley (11 & over)	MIXED	19	800m Freestyle (11 & over)	MIXED	28	400m Freestyle (11 & over)	MIXED
2	100m Backstroke	M	11	100m Freestyle	M	20	50m Backstroke	M	29	100m Butterfly	M
3	100m Backstroke	F	12	100m Freestyle	F	21	50m Backstroke	F	30	100m Butterfly	F
4	50m Butterfly	M	13	200m Butterfly (11 & over)	MIXED	22	200m Individual Medley	M	31	200m Breaststroke	M
5	50m Butterfly	F	14	50m Breaststroke	M	23	200m Individual Medley	F	32	200m Breaststroke	F
6	200m Freestyle	M	15	50m Breaststroke	F	24	100m Breaststroke	M	33	50m Freestyle	M
7	200m Freestyle	F	16	200m Backstroke	M	25	100m Breaststroke	F	34	50m Freestyle	F
8	4 x 100m Freestyle Relay	M	17	200m Backstroke	F	26	4 x 100m Medley Relay	M	35	4 x 100m Medley Relay	MIXED
9	4 x 100m Freestyle Relay	F	18	4 x 100m Freestyle Relay	MIXED	27	4 x 100m Medley Relay	F	36	Festival Cup	F
									37	Zenith Jubilee Trophy	M